

## **Choco-Mint Nice Cream**

Add to a high-powered blender:

¼ cup unsweetened plant milk

½ cup spinach (approximately, it's for color)

¼ cup fresh mint (or 1/8 tsp. mint extract)

4 frozen bananas

Blend on high (while tamping down if necessary) until blended.

### Chocolatey Options

1 – 2 TBS cacao powder (add to blender)

Cacao nibs or chips (add to blender or stir in after blending)

Vegan chocolate chips (add to blender or stir in after blending)